



# UNZ

Organic Artesian Water  
from New Zealand

"Not all Waters are Created Equal...  
Some are Enhanced by Nature"



# UNZ

## Organic Artesian Water from New Zealand

- UNZ Water is certified Organic by BioGro in New Zealand. BioGro is New Zealand's leading organic certification agency. Established in 1983, BioGro now certifies over 700 operations across New Zealand's primary production, processing, farm input supply, export, and retail sectors. BioGro is one of just 30 international organic certification agencies accredited by the International Federation of Organic Agriculture Movements (IFOAM). [IFOAM](#) represents the best in international organic standards.
- UNZ Water processing & packaging is also certified organic. This is very rare.
- UNZ Water has been protected in an underground aquifer ( lake ) & carbon dated to be over 1800 years old\*.
- UNZ Water is naturally filtered thru volcanic rock to collect at 1000ft below the earth's surface in a vast underground aquifer.
- UNZ Water is untouched by human hands until you open the cap on the bottle.
- UNZ Water has one of the highest Silica levels of any commercially bottled water in the world.
- UNZ Water is one the softest waters (measured by CaCO<sub>3</sub>) of any commercially bottled water in the world.
- UNZ Water has a pH of 7.2 making it slightly alkaline and perfect for human health.
- UNZ Water is classified as an Aquaceutical in NZ because of its health-giving qualities.

The combination of these factors make UNZ water  
one of the smoothest and best tasting waters in the world.

Available from: FitWorx - [www.fitworx.net](http://www.fitworx.net)  
Glenn Bolton – 0414 652 366 or 1300 652 366

\* Testing carried out by Beta Analytic Inc. Miami Florida USA

# UNZ Water - Health Benefits

## Water for Health

It is widely accepted that water should be your first choice to meet your hydration needs. Health practitioners recommend drinking 8 glasses of water a day to assist you in your quest towards optimal health.

The consequences of not drinking enough water are many. Fatigue, headaches and constipation are common indicators of poor hydration levels. Regular consumption of good quality water is an important key to aid elimination of concentrated toxins.

## Silica and Your Health

Essential Water is a silica rich water. Over the years researchers such as Carlisle, Lassus, Schwarts and Kaufmann have demonstrated the ongoing need for silica in the human body. Their combined research has shown that silica:

- stimulate cell metabolism
- is an integral part of cell formation
- inhibits the aging process
- improves the structure and function of connective tissue
- improves the elasticity and firmness of blood vessels
- stimulates the immune system ..... *ref: Healthyway Magazine 19/05 Silica the Amazing Gel, Klaus Kaufmann; Alive Books 1992*

## Hair, Skin and Nails

Edith Carlisle's research demonstrated the necessity of having silica as an important key for the health of your hair, skin (collagen) and nails.

## Silica and Osteoporosis

Silica is an essential component making up the collagen matrix upon which the calcium is deposited. Healthy bone formation requires both calcium and silica to be available. *Ref: Sci Total Environ 1988 Jul 1; 73(1-2)95-106*

## Silica and Atherosclerosis

Silica has been shown to help prevent the development of plaque and also assists the creation and maintenance of supple arteries. *Ref: the antiatheromatous action of silican Atherosclerosis 1979 Aug; 33(4):397-408*

## Silica and Alzheimer's

Silica has been shown to be a good eliminator of aluminium in the body. Aluminium has been implicated as a possible contributor to Alzheimer's. *Ref: American Journal of Clinical Nutrition April 2005; 81(4):897-902*

## pH of Essential Water

Essential water has a natural pH of 7.2 making it slightly alkaline. Most health practitioners would recommend you drink a slightly alkaline water to help offset our acidic diets.

## Typical Analysis mg/L

Calcium Ca	3.0
Magnesium Mg	1.4
Silica	93.4
Nitrate N	0.1
Softness CaCo3	13
Sulphate SO4	4.0
Bicarbonate HCO3	35
Chloride Cl	63
pH	7.2
Total Dissolved Solids	146